



# Junior Olympic Programme Performance Standards – 2006

1/ *On achieving the Performance Standards, divers are then ELIGIBLE FOR CONSIDERATION. The final team selection will be at the discretion of the World Class Potential Manager.*

2/ All JOP Divers are required to sign and comply with the ASFGB Code of Conduct.

3/ All JOP Divers are required to attend every JOP Camp for the whole weekend and any other camps deemed necessary by the World Class Potential Manager.

4/ All JOP Divers must compete at the Senior British and English Championships and the English Elite Junior Nationals:

British Championships 16-18 Dec 2005

English Championships 26-28 May 2006

English Elite Junior Nationals 30 May – 2 June 2006



## Junior Olympic Programme Performance Standards 2006 For Senior Nationals (GB & ASA)

The following Performance Standards must be achieved at either the British Championships in December 2005 or the English Championships in May 2006, to be “eligible for consideration” for the World Class Potential Programme known as the Junior Olympic Programme.

The “World Class Performance” FINA Grand Prix Standards for Rome 2006 have been used for 3m and Platform events, less 5% for Group A, 10% for Group B. Group C are as last year.

Category	Girls 1m	Girls 3m	Girls Platform	Boys 1m	Boys 3m	Boys Platform
<b>Age Group C</b> Opts Only Score	<b>175</b>	<b>186</b>	<b>187</b>	<b>217</b>	<b>231</b>	<b>232</b>
<b>Age Group B</b> Opts Only Score	<b>201</b>	<b>225</b>	<b>225</b>	<b>270</b>	<b>297</b>	<b>297</b>
<b>Age Group A</b> Opts Only Score	<b>212</b>	<b>237</b>	<b>237</b>	<b>285</b>	<b>313.50</b>	<b>313.50</b>



## **Aachen International 27-30 April 2006**

The top 10 ranked Junior Olympic Programme Divers from the British Championships (16-18 Dec 2005), achieving the JOP Performance Standards shown on the previous page will be selected for this meet.

A percentage ranking system will be used showing divers achieving over 100% of their respective JOP Standards.

*If the Performance Standard is not achieved, then divers already on the JOP can be selected at the discretion of the JOP Manager up to a maximum of 10 divers.*



## Junior Olympic Programme Performance Standards 2006 For Elite Junior Nationals

The following Performance Standards must be achieved at the Elite Junior Nationals in May/June 2006, to be “eligible for consideration” for the World Class Potential Programme known as the Junior Olympic Programme.

*The Performance Standards this year have been increased from 8<sup>th</sup> and 10<sup>th</sup> places to 6<sup>th</sup> and 8<sup>th</sup> places at the 2005 European Junior Championships.*

Category	Performance Standards	Girls 1m	Girls 3m	Girls Platform	Boys 1m	Boys 3m	Boys Platform
C	Equivalent B1 Score less 5%	284.24	302.00	272.94	297.64	323.33	309.42
B2	6 <sup>th</sup> E-Jnrs 05	309.00	336.70	291.65	359.65	406.20	384.35
B1	8 <sup>th</sup> E-Jnrs 05	299.20	317.90	287.30	354.30	385.35	372.70
A3	6 <sup>th</sup> E-Jnrs 05	354.15	408.60	362.80	470.15	534.55	483.70
A1 & A2	8 <sup>th</sup> E-Jnrs 05	348.55	393.05	348.80	450.30	502.05	472.35

A3 is last year Group A, and B2 is last year Group B. These divers must achieve this higher standard to qualify for the JOP.

Boys B events now have 1 extra optional dive. Girls and Boys C events have 1 extra-required dive on 1m, 3m and platform, so this will reflect in the new Performance Standards

A full explanation of the calculations written here is given at the back of this document.



## Performance Standards for Synchronised Diving

The following Performance Standards must be achieved at either the British Championships in December 2005, the English Championships in May 2006 or the Elite Junior Nationals in May/June 2006, to be “eligible for consideration” for the World Class Potential Programme known as the Junior Olympic Programme.

Girls 3m Synchro      90 + 160      = 250 points (Jnr & Snr Nationals 2+3)

Women's 10m Synchro 90 + 160      = 250 points (Senior Nationals 2+3)

Boys 3m Synchro      90 + 187.50      = 277.50 points (Junior Nationals 2+3)

Men's 3m Synchro      90 + 250      = 340.00 points (Senior Nationals 2+4)

Men's 10m Synchro    90 + 210      = 340 points (Senior Nationals 2+4)

N.B. Platform Synchro must be from the 10m Platform



**European Junior Championships:  
Palma de Mallorca, Spain 5-9 July 2006**

The top 2 ranked Divers in age groups A & B will be selected from the Elite Junior Nationals subject to the Performance Standards being achieved. The final team selection, including the Synchronised Teams, will be at the discretion of the JOP Manager.

*JOP Performance Standards at the ASA Elite Junior Nationals*

Category	Performance Standards	Girls 1m	Girls 3m	Girls Platform	Boys 1m	Boys 3m	Boys Platform
<b>B</b>	<b>8<sup>th</sup> Place from E-Jnrs 05</b>	<b>299.20</b>	<b>317.90</b>	<b>287.30</b>	<b>358.30</b>	<b>390.35</b>	<b>377.70</b>
<b>A</b>	<b>8<sup>th</sup> Place from E-Jnrs 05</b>	<b>348.55</b>	<b>393.05</b>	<b>356.30</b>	<b>450.30</b>	<b>502.05</b>	<b>480.80</b>

*The 8<sup>th</sup> Place scores are taken from the Preliminary events not the Finals.*



## **FINA World Junior Championships: Kuala Lumpur, Malaysia**

The top 2 ranked Divers in age groups A & B will be selected from the Elite Junior Nationals subject to the Performance Standards being achieved. The final team selection, including the Synchronised Teams, will be at the discretion of the JOP Manager.

### *JOP Performance Standards at the ASA Elite Junior Nationals*

<b>Category</b>	<b>Performance Standards</b>	<b>Girls 1m</b>	<b>Girls 3m</b>	<b>Girls Platform</b>	<b>Boys 1m</b>	<b>Boys 3m</b>	<b>Boys Platform</b>
<b>B</b>	<b>6<sup>th</sup> Place from E-Jnrs 05</b>	<b>309.00</b>	<b>336.70</b>	<b>295.05</b>	<b>371.65</b>	<b>406.20</b>	<b>384.35</b>
<b>A</b>	<b>6<sup>th</sup> Place from E-Jnrs 05</b>	<b>354.35</b>	<b>408.60</b>	<b>362.80</b>	<b>470.15</b>	<b>534.55</b>	<b>483.70</b>

Divers not achieving the Performance Standards for World Juniors at the Elite Junior Nationals will have another chance to achieve these standards if they have qualified for the European Junior Championships.

A full explanation of the calculations written here is given at the back of this document.



## **Beijing Training Camp 21-29 October 2006 (TBC)**

(The dates for this camp are still to be negotiated with China)

The top 10 ranked Junior Olympic Programme Divers from the Elite Junior Nationals (30 May – 2 June 2006) achieving the JOP Performance Standards will be selected for this camp, together with 2 wild cards of the JOP Managers choice.

A percentage ranking system will be used from both events showing divers achieving over 100% of their respective JOP Standards.

*If the Performance Standard is not achieved, then divers already on the JOP can be selected at the discretion of the JOP Manager.*



## Explanation of Dive Score Calculations

All 3 Boys B events in 2006 have one additional Optional Dive to perform so this has been averaged from last years European Junior Championships as shown below and then added to the new Performance Standard, taken from the 2005 European Junior Championships. (1m & 3m – 5+4, Platform – 4+4)

Boys B2 (2<sup>nd</sup> year) “average” optional dive scores:

B2 1m – 45 points per optional dive

B2 3m – 50 points per optional dive

B2 Plat – 52 points per optional dive

(Taken from 6<sup>th</sup> – 10<sup>th</sup> places at the 2005 European Junior Championships)

Boys B1 (1<sup>st</sup> year) “average” optional dive scores: (These are 10% less than B2)

B1 1m – 41 points per optional dive

B1 3m – 45 points per optional dive

B1 Plat – 47 points per optional dive

Group C scores are 5% less than B1

Girls and Boys Group C events have increased by 1 extra required dive (1m & 3m – 5+3, Platform – 4+3), these are now the same conditions as Girls B.

Men’s 3m & 10m Synchro Performance Standards for WC Performance are calculated as follows:

Girls 3m & 10m  $2 \times 45 + 3 \times 53.33$

Boys 3m  $2 \times 45 + 3 \times 62.50$  and Men’s 3m & 10m  $2 \times 45 + 4 \times 62.50$

The European Championships Optional Dive Score was used.