

ASAE and London Partnership Platform and synchro 20



Luton

Luton

31 October 2009

Level 4 Group B boys

Sambrook, Ben (1994)

Cambridge Dive Team

1

Coach: Josh Karshen

| Dive | Description of Dive | AB CD | m | DD | Awards | | | | | | Total | Points |
|------|-------------------------------|----------|---|-----|--------|-----|-----|-----|-----|--|--------|--------|
| | | | | | | | | | | | | |
| 101 | Forward Dive | B | 5 | 1.3 | | | | | | | 0.00 | 22.10 |
| | | | | | 6.0 | 6.0 | 5.0 | 7.0 | 5.0 | | | |
| 612 | Armstand Somersault | B | 5 | 1.7 | | | | | | | 22.10 | 35.70 |
| | | | | | 7.0 | 8.0 | 7.0 | 7.0 | 7.0 | | | |
| 403 | Inward 1½ Somersaults | B | 5 | 2.4 | | | | | | | 57.80 | 39.60 |
| | | | | | 5.0 | 6.0 | 5.5 | 5.5 | 5.5 | | | |
| 5231 | Back 1½ Somersaults ½ Twist | D | 5 | 2.1 | | | | | | | 97.40 | 37.80 |
| | | | | | 6.0 | 6.5 | 6.0 | 6.0 | 5.0 | | | |
| 105 | Forward 2½ Somersaults | B | 5 | 2.6 | | | | | | | 135.20 | 44.20 |
| | | | | | 4.5 | 5.0 | 6.0 | 6.0 | 6.0 | | | |
| 205 | Back 2½ Somersaults | C | 5 | 3.0 | | | | | | | 179.40 | 36.00 |
| | | | | | 4.0 | 4.0 | 2.5 | 4.0 | 4.5 | | | |
| 405 | Inward 2½ Somersaults | C | 5 | 3.1 | | | | | | | 215.40 | 32.55 |
| | | | | | 2.5 | 4.0 | 3.5 | 3.5 | 3.5 | | | |
| 5233 | Back 1½ Somersaults 1½ Twists | D | 5 | 2.5 | | | | | | | 247.95 | 45.00 |
| | | | | | 6.0 | 6.0 | 6.0 | 6.0 | 5.5 | | | |

Final Score

292.95

Signature of Competitor:

.....

Place

Signature of Referee:

.....

London

East

Cambridgeshire

Open