

DIVE! DIVE! DIVE!

A HAPPY
NEW YEAR
JOB DONE!?

WE'RE BACK!



Oh! No It's Not!

It's panto time!

Oh! Yes it is!!!
Or is it???

Delight and relief at the Parkside re-opening on time, turned to horror just 1 week later. Many parents had reported divers going **stir crazy** without hitting the boards for 2 months – & with the Harley Winstor comp only 2 weeks away, there was joy as the addicts got back to their death-defying antics. Smart, new changing rooms and other glitzy improvements BUT 7 days later the floor dropped out of the divers' world, literally! The rising pool floor gave up! 2 more lost days but then it was fixed. Sadly, long suffering divers were already underwhelmed....



THE VERDICT : WHAT THE DIVERS SAY...



Fabby new changing rooms. Very glossy and zappy new blue lighting



New sofas comfy, but hope they will be not be filled with grated cheese and bits of chocolate from toddlers during the day!



New exit to the pool good... BUT ...



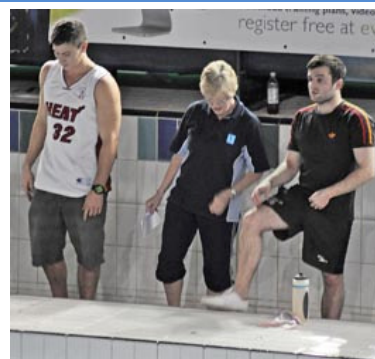
There are some unexpected problems around the pool. We hear efforts are underway to sort them out. Let's hope it's sooner rather than later.



CAPTION CONTEST

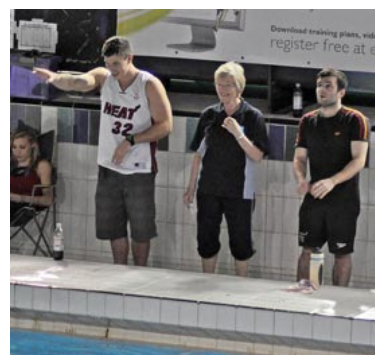
Coaches coaching coaches PART ONE

The step-up by Marc.

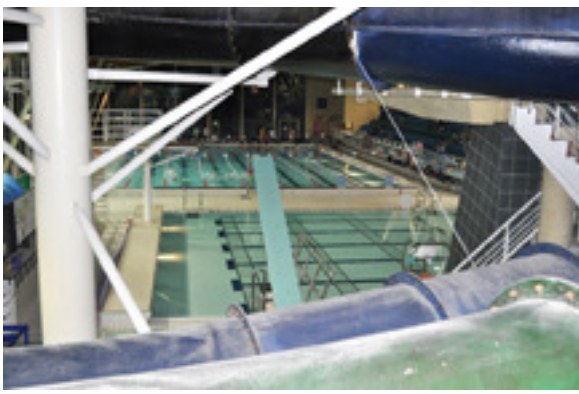


Coaches coaching coaches PART TWO

How to point to a diver by Sam.



And another thing..where's our bubble machine?! Apart from that it's lovely to be back. Maybe it's all just teething problems? The council is trying to repair the repairs where possible. Maybe it'll all be sorted when they build the 10 metre platform.OK.Not really. That's a joke!



CLOSURE COSTS. Cambridge Dive Team is paying a high price for the shut down. Thousands of pounds in lost lessons and replacement facilities. Cambs CC have been very supportive in the past but times are hard. Now more than ever is the time to support in whatever way you can. Theresa Curtis is devising many fiendish ways to bring loot in. Don't forget, our club may not have the clout many of the others do but we are highly respected as the top 5 metre venue in Britain, with international divers and their coaches the envy of the country. If you have brainwaves on how to win sponsorship or bring lucre in, spill the beans now!



Some of the folk who keep it all happening the TDs – the taxi drivers! Back at their diver driver job.

Just remember – things could be worse. As we always point out, Edinburgh's Royal Commonwealth Pool closed in August 2009 for refurbishment. After huge delays, and many of the Club members leaving the sport entirely, they now plan to open in the Spring of this year. If they do, it should look like this: Check out the video tour

<http://www.youtube.com/watch?v=RvYbWYn0THg>



Dan makes it to GB D-Squad

Daniel Goodfellow, 15, has been selected as one of only ten divers in the country to join the prestigious GB Development Squad. There are only 3 men and Daniel is the youngest. It's an amazing achievement for both him and his equally hard-working coach, Marc Holdsworth...not to mention his Mum without whom, of course, it couldn't have been done at all. Sharon says, "He's been diving for 6 years. I'm so pleased and proud of him. I just wish there wasn't so much form filling to do!" She was last seen under a mountain of 9 official forms, consents, photographs, blah, blah, blah! What's more Dan's the only one to come from a 5 m venue. The others are from **Sheffield** (Megan Sylvester 17, Freddie Woodward 16, Jack Haslam 16), **Leeds** (Alicia Blagg 15, Jenny Cowel 20, Lydia Rosenthal 13, Hannah Starling 16) **Southampton** (Lydia Rosenthal 13) & **Edinburgh** (Grace Reid 15 – how has she managed it with no pool?!). Here's where you can find out what Dan thinks is the biggest influence on his diving career. Here's a clue..and it's not the bear!

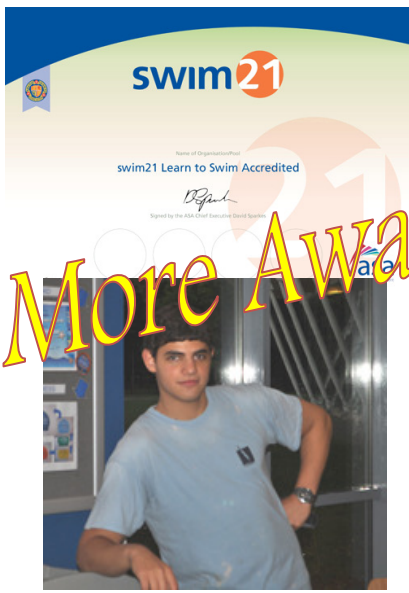
<http://www.swimming.org/britishswimming/diving/profiles/>



WINNERS!!!

TOP TEAM! GOLD FOR CDT ... AND ANOTHER FOR DAN

Cambridge Dive Team has won the Living sport *Progress* Team of the Year award. Living sport is a partnership, across Cambridgeshire & Peterborough, of District, City & County Councils, School sports partnerships, National governing bodies of sport & Children and Young People's services. The citation says it's for, " their success at the European Junior Elite Championships and their established Development Centre which attracts over 200 members from the community. for their success at the European Junior Elite Championships and their established Development Centre which attracts over 200 members from the community. Dan Goodfellow won Gold as Young Sports Performer of the Year and Marc Holdsworth was runner up in the Best coach award



Cambridge Dive Team is the only competitive diving club in the country to have been awarded **Swim 21** accreditation for the second time. Rigorous and demanding inspections happen every 4 yrs. Every swim21 club provides high quality, safe, effective, child-friendly services for their members and follows the ASA - approved pathway for training and competition. Well done us! And what's more.... Both Nat Doza & Ben Sambrook have qualified as **Level 2** ASA dive coaches. If they've been looking a bit sleepy recently it's because this involves *lots of work* : 38 hours of theory and 26 hours of practical tuition. They have to be able to teach, observe, assess, feedback and demonstrate...and keep everyone in order. So....RESPECT.

More Awards!

CDT RECRUITS THE RECRUITERS!

The One Group normally spend their time hunting people suitable for job vacancies but now WE'VE given THEM a job!



They're to be sponsors of the **Harley Winster** Trophy competition. They came to our aid when they heard we needed some financial support. They have offices in Cambridge and Peterborough & employ more than 30 experts getting people into the right kind of work. They say, on their web site, "We are serious about our quality approach to helping people, but we don't take ourselves too seriously." **These are just the generous, fun kind of folk we need on board(geddit?). Maybe we could tempt them along to our Have-a-Go Day? Could be a life-changing experience! Hmmm!** By the way, you can get free help on CVs & job interviews on their site <http://www.theonegroup.co.uk/cv-preparation.aspx>



Calling All Parents Ever fancied giving DIVING a go just for a bit of fun?? Well now you can!!

Cambridge Dive Team are organising fundraising
'Parents Come and Have A Go!'

evenings on
Sunday 5th February
&
Sunday 26th February
7.30pm – 8.30pm

Cost is £ 5 for one session*.

(Oh and be sure to bring the kids so they can see how it's done
- we will be selling score cards and other goodies so they can join the fun!!)
* Places are limited so please book early to avoid disappointment. To secure your place just let a CDT team member know this evening or email theresa@cambridgediving.org.uk



GET KITTED

Your trusty kit officer , Karen Cutmore, is going to be standing by with every known glammy bit of kit when you come to the Harley Winster extravaganza on Thursday. Swim suits, bags, tracksuits, hoodies,

bottles, wrist bands, car stickers and shammies. There's a long season of competitions ahead of us!